

SESSION ON FIRST AID FOR GRADE V STUDENTS

It is beyond doubt that knowledge of first aid promotes a safer and healthier environment. Teaching First Aid to students provides them with the essential skills that can be lifesaving. Simple accidents like slipping, falling or twisting an ankle might seem a trivial part of the school life, but they are capable of causing serious injuries.



Realizing this and to create an awareness among the students a workshop on First Aid was organised at W.V.M on 10th August'22 for the students of Grade V as part of their extracurricular activities.



This workshop was held by Dr. Manoj Maheshwari, and his team from Welspun Health Centre. The students were explained about the meaning of First Aid and its timely benefits along with the dos and don'ts. An insight on the first aid to be given in different situations like accidents, injuries, electric shocks etc was given to the students. An enlightening demonstration on bleeding and how to handle bleeding, fractures, different wounds and dressing techniques, first aid for burns, foreign bodies in eye/ ear and other injuries in emergency situations was also given. The children were taught how to use the first aid kit in time of emergency. Making use of disinfectant, bandages, checking for injuries etc. was also explained as part of this session.



The students learnt a lot during this informative and interactive session. The school believes that this small effort will make their students learn to safeguard their own health and help others during an emergency.

W.V.M takes this opportunity to thank Dr. Yajurvendra Zala, Dr. Manoj Maheshwari and Mr. Naisad Chunawala from the Welspun Health Centre for organizing this educative and instructional session for the students.

A Report from W.V.M.